

We Cater & We Deliver!

*(We prefer 48-hr notice,
but we try to accommodate every order.)*

To Order...

Call ~ Z's Café: (817) 989-CAFÉ (2233)

Hours ~ Mon-Sat, 10am-2pm

After-hours - Carlo Capua: (214) 908-5452

Email: info@zscafe.com

Fax: (817) 423-7521

Connect with Us!

Remember to visit our website and check out "Z." News to find out what fun we've been having lately...



www.zscafe.com



Whether you are planning a wedding, a meeting, a small, intimate gathering or a formal dinner, we will work with you to create a unique and memorable event.



Thank you for supporting this community social enterprise. Each time you order one of our delicious dishes, created and prepared especially for you from Chef Janet's family recipe collection, you help provide jobs for Samaritan House residents.

Together we can change the world, one bite at a time!

Our Story

Janet Z. Capua woke up one spring morning in 2008 and decided she was ready for a change. At 63 years old, and after 40 years as a dental hygienist, she decided to pursue her true passion in life...

She was known in Fort Worth for her cooking. Once, after hearing that 100 international student visitors were hungry, she cooked all night long, packed the car, and arrived in time to serve breakfast!

With the help of a few good friends, Janet launched her own home-based catering business, literally going door to door to sell sandwiches and salads. December 2008 was a turning point, when she partnered with Samaritan House to open Z's Café in the Fort Worth Community Arts Center.

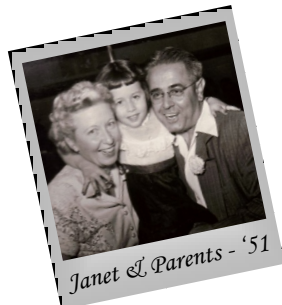
Janet would cook, son Carlo would run the business, and residents and caretakers from Samaritan House would join the team, learning food and service skills while returning to the workforce with dignity. The response has been overwhelming.

We frequently serve area businesses, sports teams, schools and 200+ local nonprofits, often donating to fundraisers. Just ask us!

Z's Café is more than just a family-owned business with delicious, affordable, home-cooked food. We treat everyone who walks through the door like family.

We also boast a full service catering business, doing boxed lunches to formal dinners and everything in between. Come and visit our café or website...and don't forget to try our award-winning chicken salad.

Z's Café is a family-owned, HUB and NCTRCA certified Woman-Owned Business.



NCTRCA

Certified WMBE by
North Central Texas Regional Certification Agency



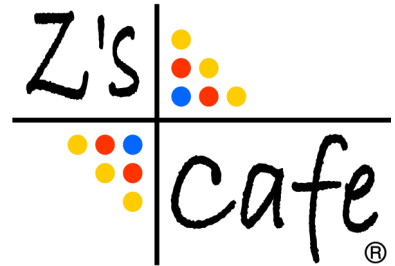
State of Texas
HISTORICALLY UNDERUTILIZED BUSINESS

We deliver! 48 hours notice preferred, but we try to accommodate every order. Ready to order? Questions? Call Z's Café at 817-989-2233 or email your order to info@zscafe.com.

We accept Visa, Master Card, Amex and Discover. Linens, flowers, servers, bartenders, delivery available upon request. Call for pricing.

Menu updated 10/11

~ Catering Menu ~



Food * Family * Friends



"Best Chicken Salad in Fort Worth"
(Fort Worth Texas Magazine - 2011)

"Best Healthy Lunch in Dallas/Fort Worth"
(WFAA-List - 2011)

"Best Healthy Dining"
(Fort Worth Child Magazine - 2011)

*Café Hours 10am-2pm, Mon-Sat
Catering 24-hours*

*1300 Gendy St., Fort Worth, TX 76107
Inside the Fort Worth Community Arts Center*

www.zscafe.com

817.989.CAFÉ (2233) Fax: (817) 423-7521

Box Lunches ~ \$7.49/person

Served with chips, fruit and a brownie.
(Salad Trio includes brownie only)

Calories

- 267 Z's Chicken Salad (best in town!)
- 213 Low-Fat Turkey Apricot Wrap
- 320 Turkey and Swiss
- 340 Angus Roast Beef and Swiss
- 340 Traditional Ham and Cheese
- 445 Pimento Cheese (vegetarian)
- 188 Veggie Wrap (vegetarian)
- 157 Z's Green Salad (vegetarian)
- 205 Bowtie Pasta Salad (vegetarian)
- 318 Z's Salad Trio ~ chicken, pasta & fruit

Breakfast Catering

Start your day the Z's way...



Per Person

- Fresh Fruit Salad \$2.49
- Breakfast Croissant Sandwich \$2.99
- Breakfast Burrito with Hot Sauce \$2.49
- Homemade Quiche (ham or veggie) \$3.49
- Fresh Baked Breakfast Breads \$2.49
- Mini Bagels, Butter & Cream Cheese \$1.99

Drinks (*1 gallon serves 10-12 people)

- Coffee \$0.99 ea.
- Bottled Water \$0.99 ea.
- Bottled Soft Drinks \$1.49 ea.
- Iced Tea \$9.99/gal.*
- Sweet Peach Tea \$9.99/gal.*
- Orange Juice \$9.99/gal.*

Entrées

(10 person minimum, priced per person. Served with 2 sides, bread, assorted desserts and serving ware)

- King Ranch Chicken ~ \$9.99
Layers of corn tortillas, cheese & chicken, with 'a little kick'
- Cheese Ravioli ~ \$11.99 (vegetarian)
Sautéed in spinach & garlic
- Chicken Epinard ~ \$9.99
Chicken breast topped with sautéed spinach, Asparagus & pesto
- Chicken Tetrazzini ~ \$9.99
Tasty pasta with fresh mushrooms
- Meatless Giant Pasta Shells ~ \$8.99 (vegetarian)
Stuffed with ricotta cheese, topped with homemade marinara
- Parmesan Chicken ~ \$9.99
Chicken breast hand-rolled in bread crumbs, garlic & parmesan cheese
- Chipotle Pork Tenderloin ~ \$10.99
Absolutely delicious
- Fresh Atlantic Salmon ~ \$12.49
- Portabella Mushroom ~ \$11.99 (vegetarian)
Giant and juicy, our portabella is stuffed with spinach, bread crumbs & Parmesan - (vegan available.)

Entrée Sides

(10 person min. per side, a la carte - \$2.49 per person)

- Fresh Green Salad ~ Fresh Asparagus ~ Fruit Salad
- New Potatoes with Dill ~ Garlic Mashed Potatoes
- Green Beans ~ Mixed Vegetable Medley
- Potatoes Au Gratin ~ Z's Mac 'n Cheese

Z's Signature Chicken Salad

\$6.99/pint (makes 3 sandwiches)

Party Platters

(Full tray serves 30-40 people)

	Full	Half
Hummus Dip w/Pita Bread	\$50	\$30
Cream Cheese w/Chipotle	\$55	\$32
Fresh Vegetable Platter	\$50	\$30
Classic Cheese & Cracker Platter	\$75	\$42
Mac 'n Cheese Bar	\$80	\$45
(Assorted Toppings Available)		
Assorted Sandwiches Platter	\$85	\$48
(Variety of our signatures)		
Fresh Fruit Platter	\$75	\$42
Assorted Desserts Platter	\$55	\$32

Signature Appetizers

(priced per person)



- Bacon-Wrap Chicken w/Jalapeno ~ \$2.99
(featured item at Super Bowl XLV)
- Chicken Salad w/Rolls or Crackers ~ \$2.99
- Z's Meatless Pasta Salad ~ \$2.25 (vegetarian)
- Sweet Pepper Poppers ~ \$2.49
(stuffed with cheese, cilantro & tomato)
- Meatballs with Tzatziki Dip ~ \$2.99
- Z's Shrimp Skewer ~ \$2.99
(shrimp, tomato, pineapple & cheese)
- Piglets in a Blanket ~ \$1.99
- Fresh, locally grown, ingredients,
Prepared with TLC.

